

Colon Cancer Awareness

Remember this:

Colorectal cancer develops over a period of time. It is possible to detect long before the symptoms appear.

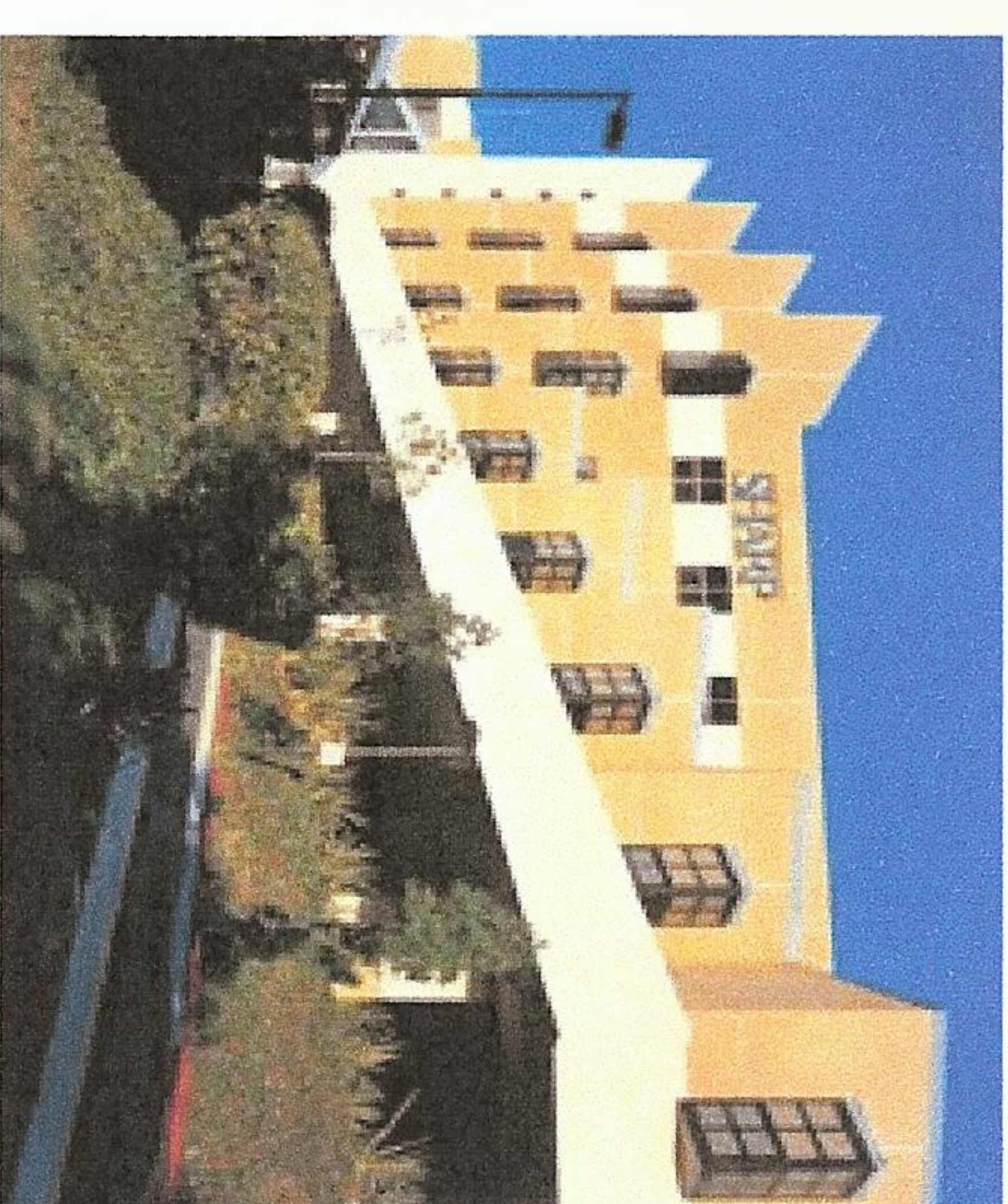
It is the second highest cause of cancer death but the most curable cancer when detected early. More than 90% can be prevented.

Speak to your family members and friends about scheduling their colonoscopy at Sharp Chula Vista Medical Center.

**Sharp Chula Vista
Medical Center**



**Sharp Outpatient
Surgery Center**



**Experience SHARP:
the best place to receive
care...**

Welcome To Sharp Chula Vista Medical Center!

We would like to take a few moments to explain the process you will be experiencing during your procedure...

Before the procedure:

When you check in with the admissions clerk, you will need a copy of your insurance card, and the possible co-pay. In addition please bring a list of all medications you are taking at home. Wear loose, comfortable clothing, and please leave valuables at home or with a family member.

A nurse will call your name to proceed to the preparation area. You will be changing into a hospital gown at this time. The nurse will go over your medical history, medications, discharge instructions and you will sign a consent for the procedure. An intravenous catheter (IV) will be started in your hand or arm so we may give you medications to keep you comfortable during your procedure. Please bring your favorite reading material to enjoy while you are waiting for your procedure to start.

The Procedure

When all the necessary preparation is completed and the procedure room is ready, one of our nurses will escort you to the room. You will be lying on your back on a comfortable bed while we attach the heart and blood pressure monitor, and provide some fresh air (oxygen) through a tube near your nose. Once everything is connected, we will ask you to lie on your left side and with your doctor in attendance the medications will be administered. We have plenty of warm blankets to keep you comfortable, so please do not hesitate to ask for one!

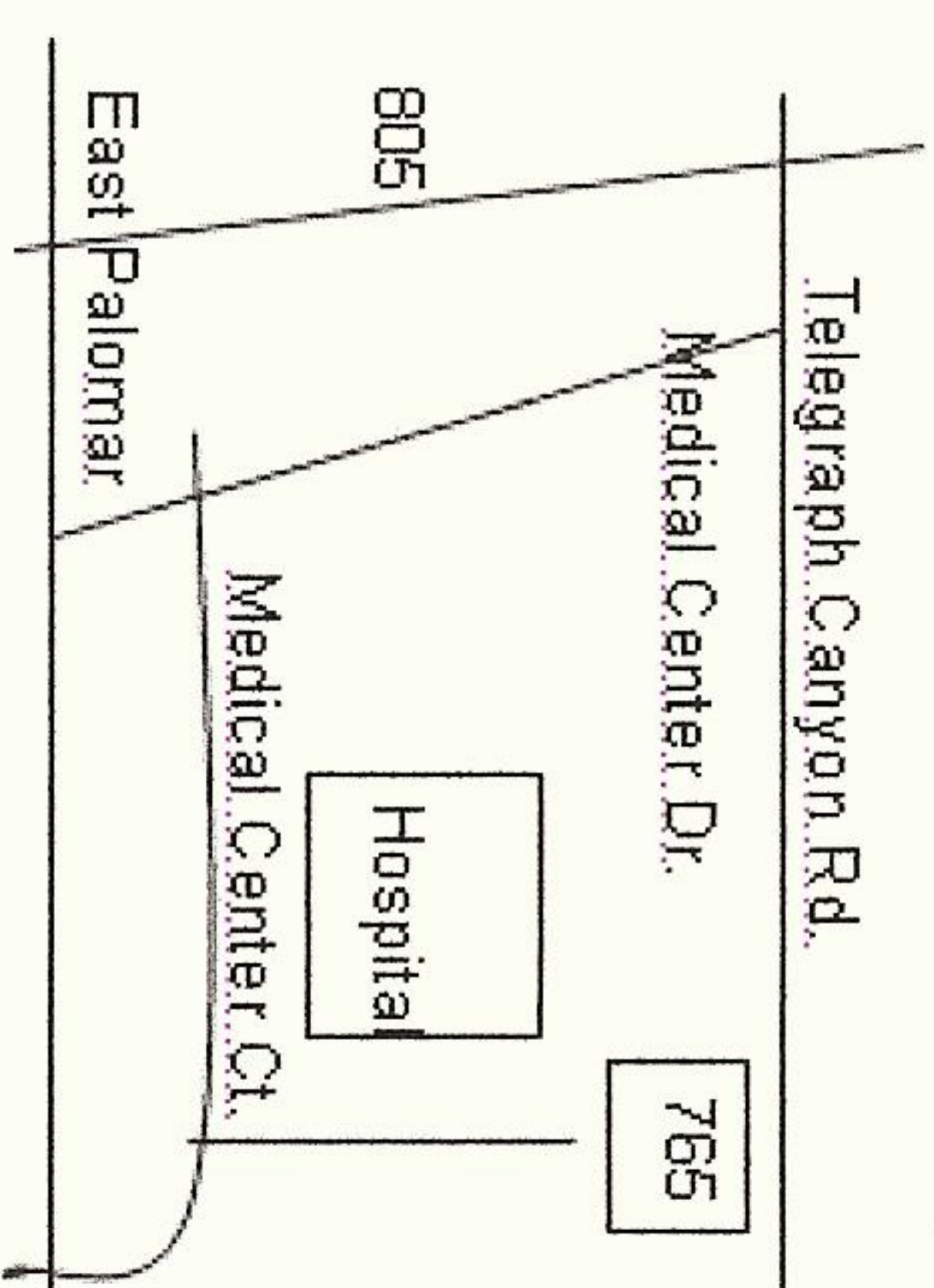
After The Procedure

When the procedure is complete, the nurse will take you to the recovery area where you will rest for 30-45 minutes. You may have some air in your colon or stomach after the procedure. We encourage you to pass the air, which will make you feel much more comfortable. We have water, juice, tea and coffee available to you. Your family/friends will be directed to the recovery room to be with you. It is not unusual for you to experience amnesia (not remember) your procedure and the time you spent in the recovery area. This is a normal effect of the medication you received. The nurse will speak to you or a family member about your procedure

and give you written instructions about follow-up appointments before you go home.

If you have any questions during this process, please don't hesitate to ask. We strive to give you the best of care. Let us know how we are doing!

Thank you for choosing Sharp Healthcare.



SHARP Chula Vista
Medical Center

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